RESILIENCE ALEXANDRIA AGENDA

Mission: To build a more trauma-informed and resilient Alexandria by informing, supporting, and elevating our community.

Date: April 14 2022

Time: 10-12

Zoom Link: https://us02web.zoom.us/j/84494511366

Agenda Items

1. Welcome!

2. Updates

- Legislative Updates (Kristen Lennox, Voices for Virginia's Children)
- Statewide TICN Updates
 - a. LUV Campaign
 - b. Resilience Week

3. Committee Breakouts

- Member Engagement & Wellness Committee
 - Member Engagement Survey
- > Justice Advocacy and Training Committee
 - Wide dissemination of ACEs trainings
 - Teachers Appreciation Week and Police Week
 - Supporting Racial Truth and Reconciliation
- > Changing Environments & Cultures Committee
 - Capacity Building for Trauma-Informed Spaces & Practices

5. Thank you & Close

The Pair of ACES **COVID-19 Adverse Community Experiences** Food Insecurity **Housing Instability** Lack of Access to Primary Care **Substance Abuse & Domestic** & Screening Violence **Unemployment & Lack of** Paid Leave Lack of Access to Technology, Remote Work & Education **Higher Rates of Risk Factors and** Opportunities Mortality due to Chronic Disease **Adverse Community Environments** Poverty **Poor Housing** Discrimination Community Lack of Opportunity, Economic Affordability Disruption **Mobility & Social Capital** Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building unity Resilience (BCR) Model. Academic Pediatrics. 17 (2017) pp. S86-93. DOI Information: 10.1016/j.acap.2016.12.011